CITY OF CHINO HILLS

# ACTIVE ADULTS 50+ NEWSLETTER

FALL EDITION: SEPTEMBER-NOVEMBER 2025





Special Events, Special Interest Groups, Presentations, & More!



CHINO HILLS COMMUNITY CENTER
14250 Peyton Drive, Chino Hills, CA 91709
(909) 364-2826 | www.chinohills.org/ActiveAdults

#### CITY OF CHINO HILLS

# ACTIVE ADULTS 50+ PROGRAM



The Active Adults programming is FREE and takes place at the Chino Hills Community Center. There is no registration or membership fee to take part in the program.

#### **Programming Includes:**

- Drop-In Programs
- Places to Gather
- Special Interest
- Social Activities
- Workshops



## **Contact Us!**

Chino Hills Community Center (909) 364-2826

www.chinohills.org





The City also offers a variety of fee-based classes and events geared towards Active Adults, 50 and over. Check out our "In the Hills" City Brochure for upcoming events, classes, and more!

The brochure can be found at online at www.chinohills.org/RecreationGuide.

#### CITY OF CHINO HILLS

## ACTIVE ADULTS 50+ PROGRAMS





## **ACTIVE ADULT AMENITIES:**

BILLIARDS, BOARD GAMES, CARDS, MAHJONG, PUZZLES, SCRABBLE, TV, AND MORE!

#### **CARD GAME SCHEDULE:**

- Mondays at 9:30 AM: Cribbage
- Tuesdays at 9:30 AM: Bridge
- Wednesdays at 9:30 AM: Pinochle

For a full schedule of our Active Adults 50+ programming, please refer to the calendar at the end of this newsletter.

## **CHINO HILLS SPECIAL INTEREST GROUPS**

Special Interest Groups offer the opportunity for people with shared interests to socialize in an informal setting. These groups are not a class and do not offer formal instruction. FREE drop-in, no registration required.



## **BOOKWORMS**

1ST MONDAY OF THE MONTH AT 10:00 AM

Enhance the pleasure of reading in a forum for open exchange of ideas on selected works of literature.





#### **SCRAPBOOKING**

3RD MONDAY OF THE MONTH AT 10:00 AM

Show off your crafty and creative side through scrapbooking or cardmaking!





#### **QUILTING**

THE MONTH AT 10:00 AM

2ND & 4TH MONDAY OF

Come learn how to quilt and make various pieces in a group setting.





#### **KNIT & STITCH**

EVERY WEEK THURSDAY AT 10:00 AM

MONDAYS AND WEDNESDAYS AT 9:30 AM

Use your skills with a needle to help put together items for philanthropic oppurtunities.





#### **CARD GAMES**

Come play a unique card game and meet friends!



## Chino Hills Senior Non-Profit Groups

#### **Chino Hills 55+ Club**

Social Gathering
Fourth Friday of Every Month | 9:30 AM - 1:00 PM
at the Chino Hills Community Center

Bingo
Every Thursday | 11:00 AM - 2:00 PM
at the McCoy Barn

More information at www.chinohills55plusclub.org or contact for more information Officer Sharon Stuewe at (909) 226-8686"

#### **Chinese American Association of Chino Hills (CAACH)**

奇諾崗華美協會 - 長青會



English, Singing, Arts, Dancing, Taichi, and Traditional Therapeutic Yoga Classes

Every Monday, Wednesday, and Friday | 12:00 - 3:00 PM Chino Hills Community Center

More information at www.caach.org, or contact club manager Anita Tang at (909) 529-4288 or anitatang9899@gmail.com

#### Filipino American Senior Association (FASA)



#### **Social Gathering**

Second and Fourth Monday of Every Month | 10:00 AM - 3:00 PM Chino Hills Community Center

For more information contact club president Ursula Adlay at (909) 845-1407 or club vice president Papo Gelle at (909) 466-0398

#### **Inland Chinese American Alliance (ICAA)**



#### **Yoga Classes**

Every Thursday | 8:00 - 11:00 AM Chino Hills Community Center

#### **Dance Classes**

Every Friday | 8:30 - 11:30 AM Chino Hills Community Center

More information at www.icaa-ca.org, or contact club officer Jane Huang at (909) 539-8891 or janehuang8@gmail.com

#### **New Happy Life Senior Club of Chino Hills**

#### **Karaoke, Social Gatherings, and Line Dancing**

Every Tuesday | 10:00 AM - 3:00 PM Chino Hills Community Center

#### **Social / Praise Dancing**

Every Thursday | 11:00 AM - 3:00 PM Chino Hills Community Center

For more information contact club president Roger Jin at (909) 336-8289 or rogerjin4653@verizon.net

CHINO HILLS ACTIVE ADULTS 50+



## **September Schedule:**

- Mondays: 10:00 AM 3:00 PM
- Tuesdays: 11:00 AM 3:00 PM
- Wednesdays: 10:30 AM 2:00 PM
- Thursdays: 11:00 AM 3:00 PM
- Fridays: 11:00 AM 3:00 PM

## **October Schedule:**

- Mondays: 10:00 AM 3:00 PM
- Tuesdays: 11:00AM 3:00 PM
- Wednesdays: 11:00 AM 2:00 PM
  - o October 15: 10:00 AM 3:00 PM
- Thursdays: 11:00 AM 3:00 PM
- Fridays: 11:00 AM 3:00 PM

## **November Schedule:**

- Mondays: 10:00 AM 3:00 PM
- Tuesdays: 11:00AM 3:00 PM
- Wednesdays: 11:00 AM 2:00 PM
  - o November 26: 10:00 AM 3:00 PM
- Thursdays: 11:00 AM 3:00 PM
- Fridays: 11:00 AM 3:00 PM

Facility will be closed November 27 and 23 for the Thanksgiving holiday.

All schedules are subject to change based on room availability.

## **Active Adults 50+ Fall Presentations**

## **Medicare Update Presentations**

Stay informed! Learn about the latest changes to Medicare plans, benefits, and costs. Find out new resources available to help you make the best choices for your health.



Chino Hills Community Center Friday, September 12 12:00-3:00PM Monday, October 6 12:00-3:00PM



No registration required!



**Speaker:**Leah Bergman, Easy Day Insurance Services

## **Forever Digital Photos**

Preserve your memories for a lifetime! Learn how to safely store, organize, and share your digital photos so they're always at your fingertips for generations.



Chino Hills Community Center

Wednesday, October 29 10:00AM-12:00PM

No registration required!





Speaker: Julia Tavis



## **Active Adults 50+**

# Senior Resource Fair

## **COMMUNITY RESOURCES AT YOUR FINGERTIPS!**

The City of Chino Hills is hosting a FREE Senior Resource Fair for ages 50 and up! Connect with senior-serving organizations to learn about the benefits they provide to help you stay active and independent.

Free health screenings will be available along with giveaways and raffle prizes!





## **RESOURCE VENDORS INCLUDE:**

The City of Chino Hills, Chino Hills Police Department, Chino Valley Fire District, Chino Valley Medical Center, Omnitrans, Pomona Valley Hospital, San Bernardino Department of Aging and Adult Services, and many more!





## Fall Puzzles

#### Across

- 1 Sleek, for short
- 5 Underclassmen, briefly
- 10 Must have
- 14 Chow
- 15 Angler's basket
- 16 Ray of Hollywood
- 17 Show disapproval
- 18 Ventilation shaft
- 20 Greek hero of the Iliad
- 22 Complicated situations
- 23 Living quarters
- 25 \_\_ Offensive
- 26 With full force

- 29 Cruise, Holmes offspring
- 31 Ready to be picked
- **34** Muslim form of salutation
- 36 1986 #1 hit for Starship
- 38 Kind of burglar
- 39 Archdukes, e.g.
- 41 Nebbish or schlepper, e.g.
- 43 Dogma
- 44 Blg Jerk
- 46 Mollify
- 47 Prepare to swallow

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- 49 Unit of pressure
- 51 Palace dweller
- 52 de guerre
- 54 Garden tool

6

- **56** Tomorrow and thereafter
- **59** Mongoose-like viverrines
- 63 Hoosier State city
- **65** Russell Crowe role
- 66 Eggheady sort
- 67 Like some walls
- 68 Fairy tale start
- 69 Articulates
- **70** Advances cash, temporarily
- **71** Phi \_\_\_ Kappa

#### **DOWN**

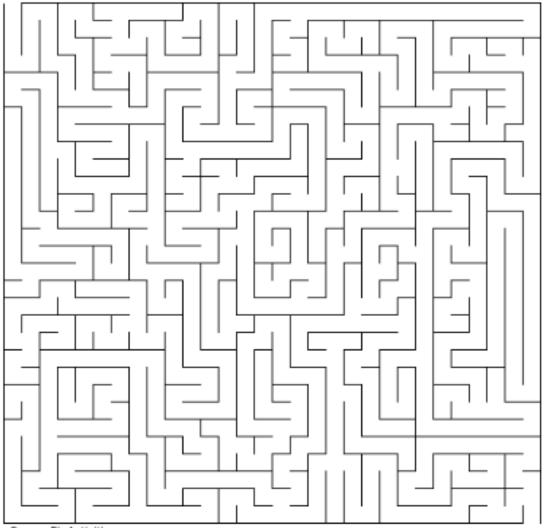
- 1 Turkish honorific
- 2 Mystery writer Ambler
- 3 Hurry up
- 4 Volcanic glass
- 5 Massage target
- 6 Bay windows
- 7 Son of Zeus who slew Medusa
- 8 In the know
- 9 Kind of dance
- 10 Sadat's predecessor
- 11 What rubber bands have
- 12 Perimeter
- 13 Female deer
- 19 Collector's goal
- 21 Madness
- 24 Picture of health?
- 26 Savory jelly
- 27 Ngaio of mystery
- 28 Canal type
- 30 Rainbow goddess
- 32 Ottoman title
- 33 One of the Barrymores
- 35 Nitty-gritty
- 37 Fancier
- 40 Winter forecast
- 42 Handle
- 45 Citadel of Moscow
- 48 Injuries
- 50 Staggered
- 53 Lady's title
- 55 Accomplishments
- 56 Wetlands
- **57** Part of the eye
- 58 Blackhearted
- 60 Super-duper
- 61 Savoir-faire
- **62** 2000 World Series locale
- 57 '\_\_ Got a Secret"

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## **Fall Puzzles**

Instructions: Trace the path through the maze. Help get the bat to the vampire for Halloween.





@www.BigActivities.com



Finish



OmniRide is your new, on-demand, weekday transit service in Chino & Chino Hills.

Only \$4 per ride\* + includes a free day pass for Omnitrans service you can use on the day of travel.

\*and it's only \$2 for disabled/senior/Medicare and veterans

Reserve your ride today through the **OmniRide On-Demand** app or by phone. You can schedule a ride ahead of time or request immediate service. Available weekdays from 6 AM – 8 PM.

Learn more at omnitrans.org/omniride.

**OmniTrans** 



# Transportation Information





# Activities Calendar: September 2025

Monday	Tuesday	Wednesday	Thursday	Friday
9/1 FACILITY CLOSED  *LABOR*  **A* DAY***	9/2 Billiards / Game Room 8:00am-2:00pm Willow Room Bridge 9:30am-2:00pm Willow Room Bookworms 10:00am-12:00pm McCoy Residence	9/3 Billiards / Game Room 8:00am-2:00pm Willow Room Pinochle 9:30am-2:00pm Willow Room	9/4 Billiards / Game Room 8:00am-2:00pm Willow Room Knit and Stitch 10:00am-1:00pm McCoy Residence	9/5 Billiards / Game Room 8:00am-2:00pm Willow Room
9/8 Billiards / Game Room 8:00am-2:00pm Willow Room Cribbage 9:30am-2:00pm Willow Room Quilting 9:30am-12:30pm McCoy Residence	9/9  Billiards / Game Room 8:00am-2:00pm Willow Room  Bridge 9:30am-2:00pm Willow Room	9/10  Billiards / Game Room 8:00am-2:00pm Willow Room  Pinochle 9:30am-2:00pm Willow Room	9/11  Billiards / Game Room 8:00am-2:00pm Willow Room  Knit and Stitch 10:00am-1:00pm McCoy Residence	9/12 Billiards / Game Room 8:00am-2:00pm Willow Room
9/15 Billiards / Game Room 8:00am-2:00pm Willow Room Cribbage 9:30am-2:00pm Willow Room Card Making & Scrapbooking 9:30am-2:30pm McCoy Residence	9/16  Billiards / Game Room 8:00am-2:00pm Willow Room  Bridge 9:30am-2:00pm Willow Room	9/17  Billiards / Game Room 8:00am-2:00pm Willow Room  Pinochle 9:30am-2:00pm Willow Room	9/18  Billiards / Game Room 8:00am-2:00pm Willow Room  Knit and Stitch 10:00am-1:00pm McCoy Residence	9/19  Billiards / Game Room 8:00am-2:00pm Willow Room  Senior Resource Fair
9/22  Billiards / Game Room 8:00am-2:00pm Willow Room  Cribbage 9:30am-2:00pm Willow Room  Quilting 10:00am-2:30pm McCoy Residence	9/23  Billiards / Game Room 8:00am-2:00pm Willow Room  Bridge 9:30am-2:00pm Willow Room	9/24  Billiards / Game Room 8:00am-2:00pm Willow Room  Pinochle 9:30am-2:00pm Willow Room	9/25  Billiards / Game Room 8:00am-2:00pm Willow Room  Knit and Stitch 10:00am-1:00pm McCoy Residence	9/26  Billiards / Game Room 8:00am-2:00pm Willow Room
9/29  Billiards / Game Room 8:00am-2:00pm Willow Room  Cribbage 9:30am-2:00pm Willow Room	9/30  Billiards / Game Room 8:00am-2:00pm Willow Room  Bridge 9:30am-2:00pm Willow Room			

# Activities Calendar: October 2025

Monday	Tuesday	Wednesday	Thursday	Friday	
10/6 Billiards / Game Room 8:00am-2:00pm Willow Room	10/7 Billiards / Game Room 8:00am-2:00pm	10/1  Billiards / Game Room 8:00am-2:00pm Willow Room  Pinochle 9:30am-2:00pm Willow Room  10/8  Billiards / Game Room 8:00am-2:00pm	10/2  Billiards / Game Room 8:00am-2:00pm Willow Room  Knit and Stitch 10:00am-1:00pm McCoy Residence  10/9  Billiards / Game Room 8:00am-2:00pm	10/3  Billiards / Game Room 8:00am-2:00pm Willow Room  10/10  Billiards / Game Room 8:00am-2:00pm	
Cribbage 9:30am-2:00pm Willow Room Bookworms 10:00am-12:00pm McCoy Residence	Willow Room Bridge 9:30am-2:00pm Willow Room	Willow Room Pinochle 9:30am-2:00pm Willow Room	Willow Room  Knit and Stitch 10:00am-1:00pm McCoy Residence	Willow Room	
10/13 Billiards / Game Room	10/14	10/15	10/16	10/17	
8:00am-2:00pm Willow Room Cribbage 9:30am-2:00pm Willow Room Quilting 10:00am-2:30pm McCoy Residence	Billiards / Game Room 8:00am-2:00pm Willow Room Bridge 9:30am-2:00pm Willow Room	Billiards / Game Room 8:00am-2:00pm Willow Room Pinochle 9:30am-2:00pm Willow Room	Billiards / Game Room 8:00am-2:00pm Willow Room Knit and Stitch 10:00am-1:00pm McCoy Residence	Billiards / Game Room 8:00am-2:00pm Willow Room	
10/20	10/21	10/22	10/23	10/24	
Billiards / Game Room 8:00am-2:00pm Willow Room Cribbage 9:30am-2:00pm Willow Room Card Making & Scrapbooking 10:15am-2:30pm McCoy Residence	Billiards / Game Room 8:00am-2:00pm Willow Room Bridge 9:30am-2:00pm Willow Room	Billiards / Game Room 8:00am-2:00pm Willow Room Pinochle 9:30am-2:00pm Willow Room	Billiards / Game Room 8:00am-2:00pm Willow Room Knit and Stitch 10:00am-1:00pm McCoy Residence	Billiards / Game Room 8:00am-2:00pm Willow Room	
10/27	10/28	10/29	10/30	10/31	
Billiards / Game Room 8:00am-2:00pm Willow Room Cribbage 9:30am-2:00pm Willow Room	Billiards / Game Room 8:00am-2:00pm Willow Room Bridge	Billiards / Game Room 8:00am-2:00pm Willow Room	Billiards / Game Room 8:00am-2:00pm Willow Room Knit and Stitch	Billiards / Game Room 8:00am-2:00pm Willow Room	
Quilting 10:00am-12:30pm	9:30am-2:00pm Willow Room	9:30am-2:00pm Willow Room	10:00am-1:00pm McCoy Residence	INCLUMENT SING	

McCoy Residence

# Activities Calendar: November 2025

Monday	Tuesday	Wednesday	Thursday	Friday
11/3	11/4	11/5	11/6	11/7
Billiards / Game Room 8:00am-2:00pm Willow Room	Billiards / Game Room 8:00am-2:00pm Willow Room	Billiards / Game Room 8:00am-2:00pm Willow Room	Billiards / Game Room 8:00am-2:00pm Willow Room	Billiards / Game Room 8:00am-2:00pm Willow Room
Bookworms 10:00am-12:00pm McCoy Residence	Bridge 9:30am-2:00pm Willow Room	Pinochle 9:30am-2:00pm Willow Room	Knit and Stitch 10:00am-1:00pm McCoy Residence	
11/10	11/11	11/12	11/13	11/14
Billiards / Game Room 8:00am-2:00pm Willow Room Cribbage	FACILITY CLOSED VETERANS DAY SALUTE TO SERVICE VETERANS DAY EVENT	Billiards / Game Room 8:00am-2:00pm Willow Room	Billiards / Game Room 8:00am-2:00pm Willow Room	Billiards / Game Room 8:00am-2:00pm Willow Room
9:30am-2:00pm Willow Room Quilting 10:00am-2:30pm McCoy Residence	VETERANS	Pinochle 9:30am-2:00pm Willow Room	Knit and Stitch 10:00am-1:00pm McCoy Residence	
11/17	11/18	11/19	11/20	11/21
Billiards / Game Room 8:00am-2:00pm Willow Room	Billiards / Game Room 8:00am-2:00pm Willow Room	Billiards / Game Room 8:00am-2:00pm Willow Room	Billiards / Game Room 8:00am-2:00pm Willow Room	Billiards / Game Room 8:00am-2:00pm Willow Room
Cribbage 9:30am-2:00pm Willow Room Card Making & Scrapbooking 9:30am-12:30pm McCoy Residence	Bridge 9:30am-2:00pm Willow Room	Pinochle 9:30am-2:00pm Willow Room	Knit and Stitch 10:00am-1:00pm McCoy Residence	
11/24	11/25	11/26	11/27	11/28
Billiards / Game Room 8:00am-2:00pm Willow Room Cribbage 9:30am-2:00pm Willow Room	Billiards / Game Room 8:00am-2:00pm Willow Room Bridge	Billiards / Game Room 8:00am-2:00pm Willow Room Pinochle	FACILITY CLOSED	facility closed
Quilting 10:00am-2:30pm McCoy Residence	9:30am-2:00pm Willow Room	9:30am-2:00pm Willow Room	<b>30 50</b>	